



ALEX GATLAND

Shift

Instructional Designer

Think on Your Feet

I first heard about IMNZ when my team leader said to look at the courses provided by IMNZ and choose a couple I'd like to do.

I chose the Think on Your Feet 2-day course because I get put on the spot a lot at work with difficult questions. I also have to onboard people during meetings. I'm not very confident at that, so I was looking to better perform under high-pressure situations.

After completing the course, I feel better about having to deliver presentations and communicate complicated ideas or projects. I learned better ways of structuring my ideas so that I could effectively get my points across in a succinct manner. And I can explain my requirements more clearly for people, which results in less going back and forth for clarification.

I would recommend IMNZ because the skills you learn are relevant and easily applicable to many areas of life, the people were friendly and the tools I learned were very helpful.

